

YOUR PERSONAL *Prayer*

O God, our help in ages past,

We commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be.

We commend to your continual care the homes in which your people dwell. Put far from them, we pray, every root of bitterness, the desire of vainglory, and the pride of life. Fill them with faith, virtue, knowledge, temperance, patience, godliness. Turn the hearts of the parents to the children, and the hearts of the children to the parents; and so enkindle fervent charity among us all, that we may evermore be kindly affectioned one to another.

Through Jesus Christ our Lord, Amen.

Adapted from the Book of Common Prayer



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